



# A Reality Transition

Supporting Child Development After Lockdown.

Dr. Emmanuel, Assistant Headteacher

# Objectives

- Before lockdown
- During lockdown
- After lockdown
- Considerations
- Our approach
- Working together
- Concerns or Questions (via chat)

Before



During



- Not all bad...some thrived

- **Loss**





After?

A large, bright blue speech bubble is the central focus of the image. It has a white outline and a white shadow on its left side, giving it a three-dimensional appearance. The word "Considerations" is written in a clean, white, sans-serif font in the center of the bubble. The background is white and features several thin, light gray lines that form concentric circles and arcs, some of which are dashed, creating a subtle, abstract pattern.

Considerations

# A Social Issue



Relationships key



Our 'psychological selves' interact with technology



Persona or 'false self'



Starved of these complex interactions at a crucial stage of their development.



Reduced 'authentic recognition' and interpersonal complexity.

# From Low to High Complexity

Environment of increased emotional complexity

Big transition, takes time, requires pacing

Space to actively communicate (home and school)

Clear non-shaming ways for struggling pupils to self-refer

Understand, normalise 'fear'

Overstimulation



The background features a series of concentric circles in light gray, some solid and some dashed, creating a ripple effect. A bright blue callout box is centered on the page, containing the text "Our Approach".

# Our Approach

# East Tilbury

- 'Biscuit time' continues, opportunities to talk
- Mental Health liaison and Thurrock MHT (CD, CS, RM, HA), pupil counsellor, classroom resources
- Nurture School
- Curriculum – basic skills, responsive
- OPAL – investing in quality outdoor experiences
- Clubs, outdoor learning
- Observing, learning and adapting (stamina, maturity, group work, basic skills)
- Signposting parents/carers to support, including curriculum
- Response to questionnaires

A blue speech bubble with a white outline and a small tail pointing downwards. The text "Concerns or Questions" is written in white, sans-serif font inside the bubble. The background features a pattern of thin, light gray concentric circles and dashed lines.

Concerns or Questions

A blue speech bubble with a white outline and a small tail pointing downwards. The text "Thank You" is centered inside the bubble in a white, sans-serif font. The background features a pattern of thin, light gray concentric circles and dashed lines.

Thank You