National Jikishin Jujitsu competition

On 17 November a group of children from East Tilbury Primary School competed in the 28th National Jikishin Jujitsu competition, winning 22 medals between them! This is a huge accomplishment and reflects the hard work, dedication and skill level of these pupils.

The following is a run-down of what each individual achieved during the competition:

**Bobby** - gold for ground fighting, silver for kata and bronze for random attacks

**Enzo** - 3 gold for kata, weapons and pairs demo and silver for random attacks

**Henry** - 3 silver for pairs demo, ground fighting and random attacks

**Isabel** - silver for pairs demo and bronze for ground fighting

**Lily-Mae** - 2 gold for random attacks and pairs demo, 2 silver for kata and pairs demo and bronze for weapons

**Oliver** - gold for ground fighting and 2 bronze for random attacks and kata

**Paul** - 2 bronze for random attacks and ground fighting.

Well done to all involved. We are all very proud of your hard work.

Year 3 and 4 Cross Country

Well done to all involved on definitely the coldest and most miserable day of that week. We produced some very commendable individual results and came 12th overall out of over 20 schools. This was all the more praiseworthy as due to the building works we have been unable to get onto the school field to train this term.

Year 5 and 6 Cross Country

A great performance again from our senior runners, with Olivia and Amma both gaining places in the top 6. The team scores were good coming 9th overall. A great team spirit was demonstrated throughout the afternoon and we were very proud of the effort, behaviour and sportsmanship shown by all of our pupils. Well done.
Year 5 and 6 Basketball

The team played some excellent basketball at times on a very competitive afternoon. Ashton, Anna and Lacey were the star performers and it was also a great learning curve for many of our players making their debuts. This bodes well for the next tournament and for our year 6’s going into secondary school. Our players were well disciplined and unlike some of the opposition had a fine understanding of the rules.

Kit Amnesty

To all parents of pupils that have represented the school. In my home this time of year is for sorting out toy boxes and clothes drawers to make room for new presents and Christmas jumpers! Whilst doing this could we keep an eye out for any East Tilbury Team kits that may have been used. If any are found could they be returned to Mr. Bennett please via your child or the school office as trying to replace shirts with the same type is both costly and at times very difficult. If your child has grown out of any of their PE kit and you would like to donate it to us for spares this would also be greatly appreciated.

Healthy Schools

It’s very easy to eat too much and do too little over Christmas. I would love to hear about pupils’ Winter Walks with their families over Christmas. There are some great spots nearby and the Gruffalo trail in Thorndon Park North and the Stickman Trail in Weald Country Park are also beautiful places to go. Enjoy!

Many thanks for all of your support this year and Merry Christmas to all.

Mr. Bennett